

WIKKI HUT NUTRITIONAL INFORMATION

Menu Item	Serving Size (oz)	Calories	Calories from fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Rice & Noodles												
Asado Chicken Rice	6	400	250	20	10	0	60	2400	25	1	4	9
Steamed Rice	10	420	0	0	0	0	0	0	90	0	0	10
Noodles	10	305	5	1	0	0	0	53	70	3	0	3
Vegetables												
Mixed Vegetables	6	50	15	0	0	0	0	120	10	4	3	5
Zucchini Mix	6	50	10	0	0	0	0	160	10	2	4	2
Brazilian Salad	6	100	20	3	1	0	9	180	15	3	1	6
Mango Salad	6	60	2	0	0	0	0	140	15	2	10	2
Fried Plantains	6	116	2	0	0	0	0	5	31	2	14	1
Potatoes	6	227	123	13	1	0	0	10	34	4	1	4
Chicken												
Asado Grilled Chicken	6	300	45	5	4	0	100	300	35	0	34	25
Wikki Chicken	6	350	170	20	5	0	80	550	15	1	3	25
Islands Chicken	6	335	160	20	4	0	105	560	7	1	0	30
Chile Chicken	6	340	230	25	7	0	140	210	2	1	0	25
Rio Grande Chicken	6	365	158	17	5	0	144	370	5	0	1	44
Beef												
Pebre Beef	6	210	80	10	3	0	60	1380	7	1	3	20
Beef Kebabs	6	290	130	15	5	0	90	550	9	0	7	30
Sea Food												
Fish	2	120	80	9	3	0	25	25	3	1	1	9
Shrimp	6	29	170	20	5	0	200	210	1	0	0	28

Nutritional information shown above is approximate and is for informational purposes only. All nutritional information is based on standard ingredient servings, unless indicated otherwise. The nutritional information contained in this section is based on standard product formulations. Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, preparation differences at the restaurant level, and/or the season. This information may be subject to change at any time and menu items may vary by location.

Updated: March 29, 2017